Look for the six nutrients.

Find and circle each of the words from the list below. Words may appear horizontally or vertically, but forwards only.

Nutrients Carbohydrates Substances Proteins Vitamins Energy Fats Minerals Water Diet
Look for the six nutrients.

**ANSWER KEY**

Find and circle each of the words from the list below. Words may appear horizontally or vertically, but forwards only.

Nutrients Carbohydrates Substances Proteins Vitamins Energy Fats Minerals Water Diet