Activity 16. Ask your classmates about their diet and tell them about yours. Work in groups.

Follow this example:

- What do you usually eat for breakfast, lunch and dinner? I usually eat for breakfast a glass of milk with cereals or a glass of orange juice.
- What do you usually eat for lunch? I usually eat salad and chicken, rice and fish, pasta and meat etc.
- What do you usually eat for dinner? I usually eat soup and eggs etc.
- Do you eat junk food at break time? No, I never eat junk food I eat a sandwich.
- Do you follow a healthy diet? Yes, I do/ No, I don’t.